

Link do produktu: <https://www.titanium-odzywki.pl/optimum-nutrition-gold-standard-pre-workout-330g-p-1332.html>



Optimum Nutrition Gold Standard Pre-Workout 330g

Cena	84,00 zł
Cena poprzednia	89,00 zł
Dostępność	aktualnie niedostępny
Producent	Optimum Nutrition

Opis produktu

Optimum Nutrition Gold Standard Pre-Workout jest to najwyższej jakości, kompleksowy preparat do stosowania przed treningiem, złożony ze składników pobudzających, zwiększających koncentrację, wytrzymałość, siłę oraz wspierających uzyskanie większej pompy mięśniowej. **Gold Standard Pre-Workout** przygotuje organizm na wysoką intensywność treningu, pozwoli zmierzyć się z dużymi ciężarami, długim intensywnym wysiłkiem oraz nastawi umysł, uwalniając skupienie i motywację aby zrealizować cele treningowe. Najwyższej jakości N-Acetyl L-Tyrozyna wpłynie zarówno na układ nerwowy jak i sprawność fizyczną, kofeina z naturalnych źródeł pobudzi energetycznie, beta-alanina zwiększy wytrzymałość organizmu, mięśni, L-cytrulina nasili efekt pompy mięśniowej i poprawi wydolność tlenową, kreatyna zwiększy siłę, moc w mięśniach. Dodany kompleks witamin z grupy B wpłynie pozytywnie na wiele procesów, w tym będzie przeciwdziałał przedwczesnemu zmęczeniu wysiłkiem.

FRUIT PUNCH PAGE 8

Serving Size: 1 Level Scoop (11 g)

Typical Values	Per (180) 11 g
Energy	135 kJ / 32 kcal
Vitamin D	5.0 µg (100%)
Vitamin B1	2.0 mg (100%)
Niacin	17 mg (100%)
Vitamin B6	2.0 mg (100%)
Iron	200 µg (100%)
Vitamin B12	2.0 µg (100%)
Pantothenic Acid	10 mg (100%)
Amino Acids	2.9 g
Beta-Alanine as CarnoSyn®	1.5 g
L-Leucine	750 mg
N-Acetyl L-Carnitine	375 mg
N-Acetyl L-Tyrosine	375 mg
Creatine Monohydrate	3.4 g
Caffeine	3.0 g
Ginseng	175 mg
Grapefruit Bioflavonoids	50 mg
Panax notoginseng	50 mg

INGREDIENTS: Creatine Monohydrate, Amino Acids (Beta-Alanine as Carnosyn®), L-Tyrosine, L-Alanyl-L-Carnitine, N-Acetyl-L-Tyrosine, Acidity Regulators (Citric Acid, Malic Acid, Tartaric Acid), Flavourings, Anti-Caking Agents (Calcium Silicate, Silica Dioxide), Colours (Beetroot Red, Beta Carotene, Curcumin), Vitamins (Pyridoxine Hydrochloride, Nicotinamide, Calcium D-Pantothenate, Vitamin B12, Vitamin C, Thiamin Hydrochloride, Cholecalciferol, Pyridoxymonolamic Acid), Thickeners (Cellulose Gum, Xanthan Gum, Carrageenan), Grapefruit Bioflavonoid Complex, Natural Caffeine, Sweeteners (Sucralose, Aceulfame K), Pinax notoginseng Root Extract powder.

May Contain Milk, Soy, Gluten, Egg, Nuts and Peanuts.

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*Reference Intake.

GREEN APPLE FLAVOR

Serving Size: 1 Level Scoop (11 g)

Typical Values	Per 100 mg
Energy	136 kJ (33 kcal)
Vitamin D	5.0 µg (100%)
Vitamin B1	2.0 mg (170%)
Niacin	17 mg (106%)
Vitamin B6	2.0 mg (140%)
zinc Acid	200 µg (100%)
Vitamin B12	9.0 µg (360%)
Pantothenic Acid	10 mg (167%)
Amino Acids	2.9 g
beta-Alanine as CarnoSyn®	100 mg
L-Citrulline	750 mg
N-Acetyl L-Carnitine	375 mg
N-Acetyl L-Tyrosine	250 mg
Creatine Monohydrate	3.4 g
Glutamine	3.0 g
Caffeine	175 mg
Grapefruit Bioflavonoids	50 mg
Penax nitrogens	50 mg

INGREDIENTS: Creatine Monohydrate, Amino Acids (Beta-Alanine as Carnosyn®), L-Citrusine, N-Acetyl-L-Carnitine, N-Acetyl-L-Tyrosine, Acidity Regulators (Citric Acid, Malic Acid, Tartaric Acid), Flavourings, Anti-Caking Agents (Calcium Silicate, Silicon Dioxide), Colours (Beetroot Red, Beta-Carotene, Gouromix®), Vitamins (Pyridoxine Hydrochloride, Nicotinamide, Calcium D-Panthenate, Inositol, Vitamin B12, Thiamine Hydrochloride, Cholecalciferol, Potassiummonoglutarate (Acid)), Thickeners (Cellulose Gum, Xanthan Gum, Carrageenan), Grapefruit Bioflavonoid Complex, Natural Caffeine, Sweeteners (Sucralose, Aceulfame K), Pinax, netopositing Root Extract Powder.

May Contain: Milk, Soy, Gluten, Egg, Nuts and Peanuts.

PINEAPPLE FLAVOR

Serving Size: 1 Level Scoop (11 g)

Typical Values	Per (100g) 11
Energy	155 kJ (369 kcal)
Vitamin D	8.0 µg (100%)
Vitamin B1	2.0 mg (100%)
Niacin	17 mg (100%)
Vitamin B6	2.0 mg (100%)
Folate	260 µg (100%)
Vitamin B12	9.0 µg (160%)
Pantothenic Acid	10 mg (167%)
Amino Acids	2.9 g
L-Aspartic acid as Carnosyn®	1.0 g
L-Citrulline	760 mg
N-Acetyl L-Carnitine	975 mg
N-Acetyl L-Tyrosine	250 mg
Creatine Monohydrate	3.4 g
Glutamine	3.0 g
Caffeine	175 mg
Grapefruit Bioflavonoids	50 mg
Panax ginseng	50 mg

INGREDIENTS: Creatine Monohydrate, Amino Acids (Beta-Alanine as Carnosyn®), L-Citrulline, N-Acetyl-L-Carnitine, N-Acetyl-L-Tyrosine, Acidity Regulators (Citric Acid, Malic Acid, Tartaric Acid), Flavourings, Anti-Caking Agents (Calcium Silicate, Silicon Dioxide), Colours (Beetroot Red, Beta Carotene, Curcumin), Vitamins (Pyridoxine Hydrochloride, Nicotinamide, Calcium D-Panthenolate, Cyanocobalamin, Thiamin Hydrochloride, Cholecalciferol, Pteroylmongylglutamic Acid), Thickeners (Cellulose Gum, Xanthan Gum, Carrageenan), Grapefruit Bioflavonoid Complex, Natural Caffeine, Sweeteners (Sucralose, Acesulfame K), Panax ginseng Root Extract powder.

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PINK LEMONADE FLAVOUR

Serving Size: 1 Level Scoop (11 g)

Typical Values	Per (480) 11 g
Energy	95 kJ / 23 kcal
Vitamin E	5.0 mg (100%)
Vitamin B1	2.0 mg (100%)
Niacin	17 mg (100%)
Vitamin B6	2.0 mg (140%)
Folic Acid	200 µg (100%)
Vitamin B12	2.0 µg (800%)
Pantothenic Acid	10 mg (167%)
Amino Acids	2.9 g
Beta-Alanine as CarnoSyn®	1.5 g
L-Asparagine	70 mg
N-Acetyl-L-Carnitine	375 mg
N-Acetyl-L-Tyrosine	250 mg
Creatine Monohydrate	3.4 g
Creatine	3.0 g
Glutamine	115 mg
Grapefruit Bioflavonoids	50 mg
Pinax nitoglesing	50 mg

INGREDIENTS: Creatine Monohydrate, Amino Acids (Betaine HCl, Arginine), L- Glutamine, L-Aspartate, L-Carnitine, N-Acetyl-L-Tyrosine, Acidity Regulators (Citric Acid, Malic Acid, Tartaric Acid), Flavourings, Anti-Caking Agents (Calcium Silicate, Silicon Dioxide), Colours (Beetroot Red, Beta Carotene, Curcumin), Vitamins (Pyridoxine Hydrochloride, Nicotinamide, Calcium D-Pantothenate, Glycocolic Acid, Thiamin Hydrochloride, Hydrocyanic Acid, Hydrocyanic Acid), Thickeners (Cellulose Gum, Xanthan Gum, Carrageenan), Grapefruit Bioflavonoid Complex, Natural Caffeine, Sweeteners (Sucralose, Acesulfame K), Flavouring Consisting Root Extract Powder.

May Contain: Milk, Soy, Gluten, Egg, Nuts and Beans, etc.

Panax notoginseng
*Reference intake

WATERMELON FLAVOUR

Serving Size: 1 Level Scoop (11 g)

Typical Values	Per (400) 11 g
Energy	138 kJ / 33 kcal
Vitamin B1	5.0 mg (100%)
Vitamin B1	2.0 mg (100%)
Niacin	17 mg (100%)
Vitamin B6	2.0 mg (100%)
Folic Acid	200 µg (100%)
Vitamin B12	1.0 µg (100%)
Pantothenic Acid	10 mg (100%)
Amino Acids	2.9 g
Beta-Alanine as CarnoSyn®	1.5 g
L-Aspartate	75 mg
N-Acetyl-L-Tyrosine	75 mg
N-Acetyl-L-Carnosine	250 mg
Creatine Monohydrate	3.4 g
Creatine	3.0 g
Glutamine	15 mg
Grapefruit Bioflavonoids	50 mg
Panax notoginseng	50 mg

INGREDIENTS: Creatine Monohydrate, Amino Acids (Betaine as Carnosine)[®], L-Ornithine, L-Alanine, L-Carnitine, N-Acetyl-L-Tyrosine, Acidity Buffers (Citric Acid, Malic Acid, Tartaric Acid), Flavourings, Anti-Caking Agents (Calcium Silicate, Silicon Dioxide), Colours (Beetroot Red, Beta Carotene, Curcumin), Vitamins (Pyridoxine Hydrochloride, Nicotinamide, Calcium D-Pantothenate, Glycocybamin, Thiamin Hydrochloride, Doxylamine Hydrochloride, Vitamin C Acid), Thickeners (Cellulose Gum, Xanthan Gum, Carrageenan), Grapefruit Bioflavonoid Complex, Natural Caffeine, Sweeteners (Sucralose), Acesulfame K1, Pinar nonhydrolyzed Root Extract Powder.

May Contain: Milk, Soy, Gluten, Egg, Nuts and Peanuts.

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Panax notoginseng
*Reference Intake

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Produkt posiada dodatkowe opcje:

Smak: ananas , arbuz , poncz owocowy , różowa lemoniada , zielone jabłko